## NEPTUNE SEXTILE NATAL SUN

As Transiting Neptune takes about 14 years to move through one sign and is in retrograde for about 6 months each year, when it does make a sextile to your Natal Sun, it should be a time when you pay attention to what is taking hold in your life.

Sextiles offer opportunities in life and when connected from Neptune to the Sun, there can be either positive or negative ramifications. Much will depend on your attitude and the Natal positioning of your Sun and Neptune. If you have always felt a lack of self-esteem and selfconfidence, this can be the time to become realistic with your view of yourself. Watch for disillusion if your Sun is poorly aspected. With a poorly aspected Sun, you may not be seeing things as they truly are. Neptune sextile Natal Sun can assist you in rising above intrusive elements connected with self-deception.

Your sense of compassion can be heightened during this aspect so why not direct this compassion at yourself?

This can be a time of healing for both the mind and the body. Meditate to help stir up selfconfidence. Reach out for guidance.

You likely will have more psychic awareness during this alignment. You have greater insight, and your intuitive faculties are enhanced. All your senses are tuned in, and you can mediate and be creative to find solutions that have been hidden from you up until this time. You must have faith in the process and believe.

Your compassion and sensitivity can also be heightened with this aspect. You may want to help those less fortunate than yourself.

Your imagination and creative outlets are also heightened and now can be the time to advance with these innate character traits.

Those that are musically inclined or are connected to acting may find that there seems to be a greater sense of accomplishment with this aspect.

The energies of Transiting Neptune making a sextile to your Sun can last up to two years. You have time to build on this opportunity, but sextiles imply that you will have to advance your personal cause or objectives and do the work so that the potential can manifestation.

Again, Transiting Neptune sextile Natal Sun can be a time of healing for both the mind and the body. Take action and make things happen. Don't waste the energies